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10/2246

BBC tv

IT'S A KNOCK OUT!

HARLOW SPORTCENTRE

Sunday
9th. May 4-45pm.
Gates open 3-30pm.

SOUVENIR PROGRAMME

Teams
HARLOW
THURROCK
LEE VALLEY

Price
15p

HARLOW



IT'S A KNOCK OUT!

A **BBC tv** presentation
in conjunction with **Harlow Council**

Netteswell Youth Band

Director Music Mr Bramwell ARCM, LTCL, LLCM, TD, ALCM
3.30 to 4.10

Apex Harlow – trampolining display

Coach Mr J Kelly
4.10 to 4.30

Netteswell Youth Band

4.30 to 5.00

It's a Knockout

5.00 to 6.30

HARLOW COUNCIL

Chairman of the Council *Councillor Tom Farr*

Chairman of Leisure Services Committee *Councillor J T Desormeaux*

Chairman of Entertainments Committee *Councillor C F Cackett*

Head of Leisure Services *Mr A S Jackson F Inst PRA (Dip) M Inst RM*

Recreation and Entertainment Manager *Mr A O Southgate A.I.M.Ent.*

ACKNOWLEDGEMENTS

Harlow Council gratefully acknowledge the generous support of the following organisations, and many others who assisted in the production.

BBC Television	Harlow Development Corporation
Harlow and District Sports Trust	Essex Police, Harlow Division
Dr J D Huntley	St John Ambulance, Harlow Division
Godfrey Davis Caravans Ltd	Gates of Harlow Ltd
Netteswell Youth Band	Apex-Harlow
Essex Fire Brigade, Harlow Division	Harlow Gazette and Citizen
Harlow Observer	Royal Automobile Club
Kito Sports Wear Ltd	All programme advertisers

Programme: produced and published by the Information Services Department,
Harlow Council, Town Hall, Harlow

What it's all about

Harlow is acting as host to It's A Knockout in its tenth year which shows how popular the programme has become not only in Britain but also in Europe. Teams competing against Harlow today are from the Lee Valley Regional Park Authority which covers the area from Ware right down the Lee Valley to Bromley-by-Bow, and from Grays Thurrock in the south of Essex.

There are 7 domestic heats each with three teams and the winner from each programme goes into the international series which includes teams from France, Belgium, Germany, Italy, Holland and Switzerland.

For the first time this year, the seven successful British teams will also participate in a special all-winners programme to be recorded on neutral ground at Charnock Richard, Lancashire for the Radio Times Trophy.

The host for the British heat of "Jeux Sans Frontieres" will be Leeds. As it is Britain's turn to stage the grand final this year Blackpool will be the location for a Show which is expected to have a television audience around 200 million people.

There will also be another all-star celebrity edition following the success of last year's charity raising event and a cup final special with teams of

supporters from the two clubs who win through to Wembley. Cecil Korer takes over as producer this year from Barney Colehan who launched the show. Cecil said "My ambition is to put more fun back into the show. I want to revive the original concept of this series as a seaside fun show with lots of fun; in recent years it has become too competitive and serious".

"The European versions have often been crazier than ours and now we are importing some of the flavour with daft props and costumes. The bonus for the teams will be that they will have the chance to take part in European style games before 'Jeux Sans Frontieres' actually starts. British teams haven't performed so well lately. The changes we are making should alter that."

Today's winners will participate in 'Jeux Sans Frontieres' programme in Liege in Belgium on 11th August as well as the all-British winners final at Charnock Richard on 27th June. So a win today means a visit to Belgium as well as Charnock Richard and the winner at Charnock Richard means a place in the Grand Final at Blackpool in September.

The programme recorded today will be televised on Friday 11th June.

FREE PUBLIC ENTERTAINMENT

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NETTESWELL YOUTH BAND
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The Harlow Show on Saturday 28th and Sunday 29th August includes a concert by one of England's newest and yet most famous big bands — **"THE MILLION AIRS "**

Full information concerning all attractions can be obtained from the Leisure Services Dept. Town Hall, Harlow. Tel: Harlow 21031

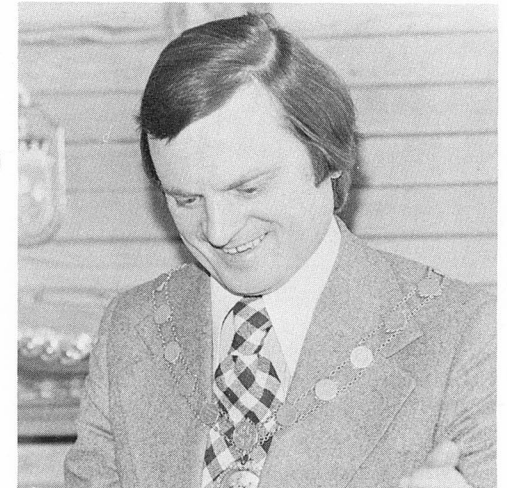
HARLOW

A Welcome from the Chairman

Council Chairmen are only in office for one year and my year ends in a few days from now but I can't think of any better way to end an interesting and exciting year than by playing host to a television event which is popular not only in this country but on the continent as well. It is also pleasant to welcome the visiting teams who are near neighbours from the Lee Valley and Thurrock. I know everybody is going to enjoy themselves and I hope that we don't lose sight of the fact that it is really only a bit of fun.

All the teams have put a lot of work into getting fit for this event and as well as congratulating them on their efforts we ought to spare a thought for those who are not competing today. Each of the teams was chosen from a squad of about 30 contestants who trained hard for many weeks. The team managers however, had the difficult task when the types of games were made known recently of selecting their teams according to the particular strengths of the individuals in the squad.

The main organisation for today's event has been undertaken by the Council's Leisure Services Department who made the initial approach to the BBC asking that Harlow be considered as venue for It's A Knockout. It's thanks to the BBC for selecting Harlow and to the many people behind the scenes who put in all the work which has enabled Knockout to be staged today.



With the Summer season of Leisure Services activities beginning to get into the swing, Knockout really does give a great send-off to a packed programme. This event will be followed by free pop concerts for the younger people in Harlow and Band Concerts on Sunday afternoons featuring many big names such as Joe Loss, Syd Lawrence and Kenny Ball.

At the end of August, the Town's big annual event the Harlow Show will be once again attracting crowds numbered in tens of thousands. This year there will be many new and interesting features so as I said Harlow has a great Summer season of entertainment ahead.

Finally, I hope everybody has an enjoyable afternoon and may the best team win.

Tom Farr
Chairman of Harlow Council

BACKGROUND AND BIOGRAPHIES

It's A Knockout has become a national institution and an international phenomenon. Its roots go back more than 20 years when then producer Barney Colehan first launched

a series in the North called Top Town, in which communities competed against each other in a studio.

Knockout was born in 1966 and has never



EDDIE WARING

Eddie joined the programme in 1966 and has vast experience of Knockout recordings all over Europe.

He has been a top BBC personality ever since TV came to the North in 1951, becoming a household name in covering Rugby League.

Born in Dewsbury, Eddie played soccer, Rugby Union, Rugby League — and was a wrestler, too.

A globe-trotter, he has made seven trips round the world and appeared on TV in Australia, New Zealand and the U.S.

Eddie usually gives a special blow-by-blow account of the mini-marathon contest, which can be a vital tie-breaker in a tight contest. "For me", he says, "the programme really comes alive when we go into Europe. The atmosphere is electric, the competition intense, and yet so enjoyable. It's an exciting show to do."



STUART HALL

Stuart Hall, who made his Knockout debut in 1972, presents Look North, the BBC North West weeknight TV magazine programme in Manchester, and makes frequent appearances on the network in Nationwide.

A Lancashire lad, he first broadcast in 1958 as a radio contributor in Sports Spotlight. He has reported on soccer, cricket, tennis, motor racing and motor cycling, as well as current affairs.

His great loves are football, fast cars and antique clocks. Perhaps the clocks reign supreme — he loves their sense of continuity.

Married the same year he started broadcasting — 1958 — Stuart has two teenage children, Francesca and Daniel. His home in Glossop, Derbyshire, is crammed with antique clocks, Victorian furniture, bronzes and old portraits.

He sees Knockout as essentially a "fun show" and is determined to make it as entertaining as possible for competitors and viewers.

looked back. The following year, Europe joined in and set in motion the crazy international competition "Jeux sans Frontieres."

Knockout's inimitable duo, Stuart Hall and Eddie Waring are the commentators again and former international soccer referee Arthur Ellis is the senior referee.

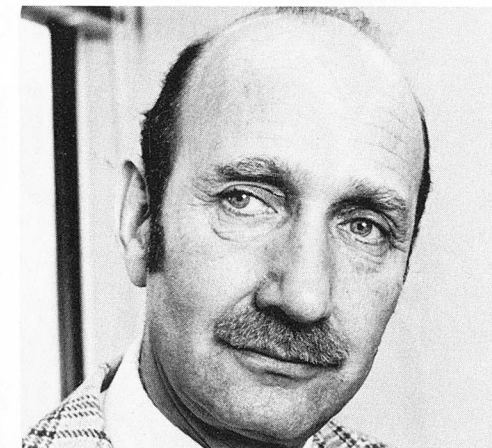


ARTHUR ELLIS

Arthur Ellis, from Halifax, one of the best-known soccer referees in the world, has officiated in practically every country that plays first-class football.

He refereed World Cup ties and 73 internationals in his time, and became the first English referee to be awarded the Gold Badge of FIFA.

He now works as a brewery representative.



CECIL KORER Producer

Cecil joins the series as producer this year, but he is by no means unfamiliar with the programme. He worked on the first two series in 1966 and 1967 as an assistant producer. Since then, he's been involved with such shows as Children Talking as director, and producer of such quizzes as Password and Ask the Family.

In recent years, he has worked in London, but returned to the North — he was born in Stockport — in the Autumn of 1975 to take over Knockout from Barney Colehan and develop other programme ideas from Leeds.

He has worked on the production team of such other long-running favourites as Top of the Pops and The Good Old Days, where he first established his working relationship with Barney.

Engineering manager Geoff Lomas ensures that all the complicated equipment functions correctly, and the stage managers, led by Bryan Chapman, can be seen racing backwards and forwards talking to the director's mobile control room, via 'walkie talkie' radios during the course of the recording.

THE BACKROOM BOYS

Behind the scenes, there's a dedicated team that the Knockout live audiences see going about their complex duties, but are discreetly out of sight of the TV audiences.

The director is Geoff Wilson, who makes sure that the producer's and engineers' efforts reach the screen in the way they were envisaged in the calm of the planning meetings.

Cecil has the assistance of Alan Wright, and Alan Walsh who lead the full-time workers responsible for the months of advance preparation which go into the smooth running of the series.



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AND
Citizen

The Harlow Team

The squad has been carefully selected from Harlow residents and they are strong, versatile top athletes from differing sporting backgrounds who have worked hard together in preparation for this competition.

Mike Orsbourn, the Sportcentre Manager, was asked by the Council who are sponsoring today's event to select a team. No easy task but Mike reduced all the applications for places to a squad of thirty after a week of trials to test fitness and aptitude for the type of games Knockout usually has. From that group of thirty he has had to select today's team.

Enthusiasm in the team is reported to be high, and the friendly competition along with enjoyment and dedication has produced a squad of talented people into a team who are ready for any challenge.

Mike said, "The Knockout series is a 'fun and games' event meant to be enjoyable not only for the performer but also the spectator. The performers need to be fit, aware of changing circumstances and pressures that have to be adapted to during the competition and to have an element of 'showmanship'. With Harlow as the 'home' side we are looking for the crowd support to pull us through those events which are closely fought and we are confident that your support will be given to us today."



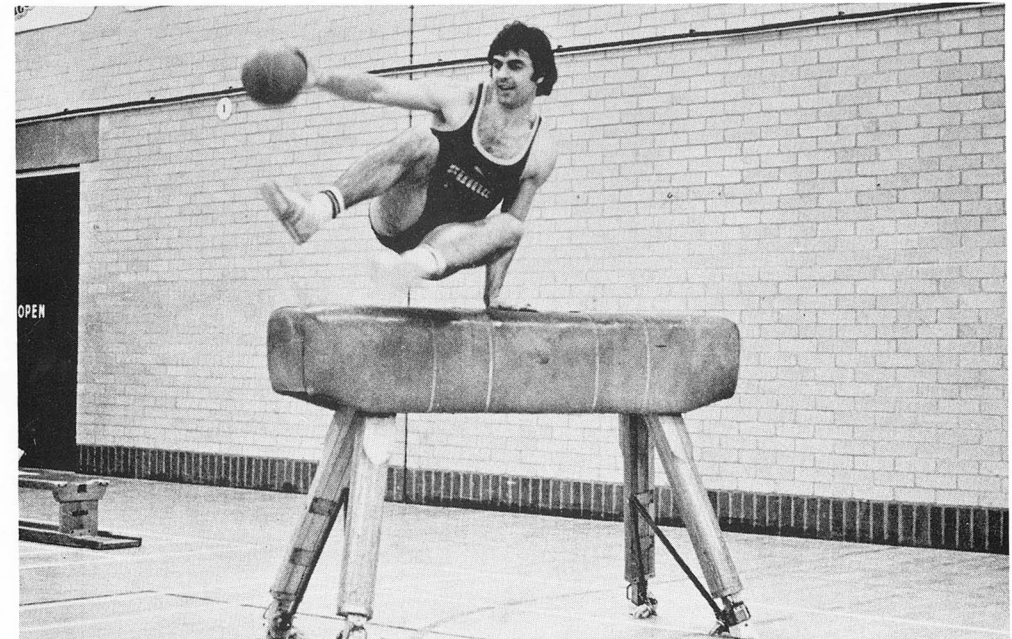
(Photo — Harlow Gazette & Citizen)

Sue Mapstone in training for Knockout as well as seeking peak form for a place in the Olympic Team for Montreal this summer.



(Photo — Harlow Gazette & Citizen)

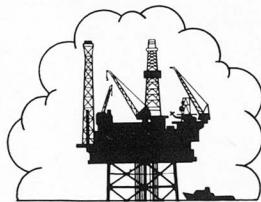
Harlow's squad relaxing before getting down to serious training for today's event.



(Photo — Harlow Gazette & Citizen)

Training for every conceivable game has been part of the programme for the Harlow squad.

As far as
we're concerned
being first is
only the start
of the game.



We take it from there. Because in the development of Britain's oil resources, a first in one field almost inevitably leads to fresh demands in another. We regard this as one of the facts of life, and we welcome it. It has tended to keep us out in the front of the game.



Games

Game 1

Stilted Walk



3 teams/1 heat 3 males, 1 female

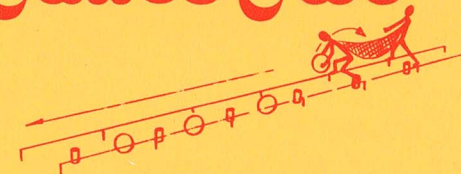
A total of 3 men, walking on stilts, go in turn to collect a bunch of balloons from the end of a course, over which they negotiate various surfaces.

As each man returns he hands the balloons to a girl from his team to hold passing over his stilts to the next man for him to collect more balloons.

The winning team will be the one with most bunches of balloons collected within time limit.

Marathon 1

It Takes Two



1 team/3 heats 1 male, 1 female

One man and one girl with a net slung between them, walk along two poles. The man, who leads, picks up a number of balls, throwing them back into the net which must be kept reasonably taut to avoid knocking the skittles placed in between the balls.

The winning team will be the one to pick up all the balls without knocking any skittles over.

Game 2

Steady Hands



2 teams/2 heats 1 male, 1 female – playing
2 males - operating revolve

One man and one girl standing on the centre of the revolve, take buckets of water from an adjacent stand and pour the contents into a container, down a suitable channel, whilst the opposing team of 2 men operate the revolve.

The winning team will be the one with most water collected within time limit.

Game 3

Net-ball



3 teams/1 heat 2 males, 1 female

Two men using poles, each push a ball off a high net and then scramble through two tubes with them. After negotiating the first tube they climb out and sound the horn before entering the second tube, from which they emerge to hand the ball to a girl from the same team to place in a container. Each man returns to collect more balls in the same way.

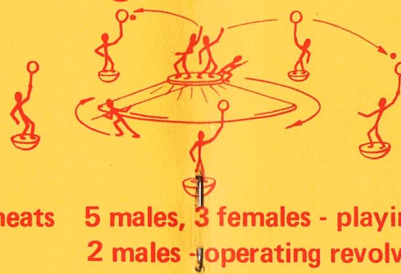
The winning team will be the one which collects most balls correctly within time limit.

Running Order

Game 1	STILTED WALK
Marathon 1	IT TAKES TWO
Game 2	STEADY HANDS
Marathon 1	IT TAKES TWO
Game 3	NET-BALL
Marathon 1	IT TAKES TWO
Game 4	WHOOPS
Marathon 2	CYMBALISTS
Game 5	DYNAMIC DUMPTY'S
Marathon 2	CYMBALISTS
Game 6	CUSHIONS
Marathon 2	CYMBALISTS
Game 7	STACK-DEM-SACKS

Game 4

Whoops



2 teams/2 heats 5 males, 3 females - playing
2 males - operating revolve

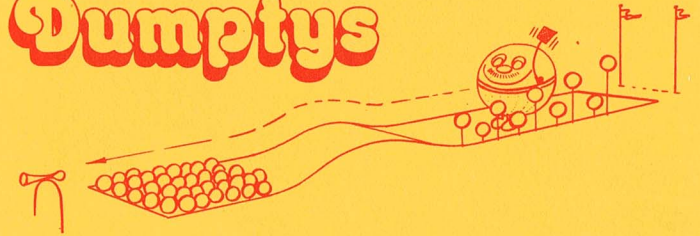
One man and one girl standing on centre of revolve, throw hoops out to knock the balls off the top of sticks members of their team positioned on podiums are holding.

When the balls have been knocked off the sticks are held so as to catch and retain as many hoops as possible.

The winning team will be the one with most hoops caught correctly within time limit.

Game 5

Dynamic Dumpty's



3 teams/1 heat 1 male

One man wearing a costume in which one arm is free walks along a course, first bursting balloons on stands using a fly swat, then using his feet to jump on them. He signifies finishing the course by sounding the hooter.

The winning team will be the one who completes the course quickest.

Game 6

Cushions



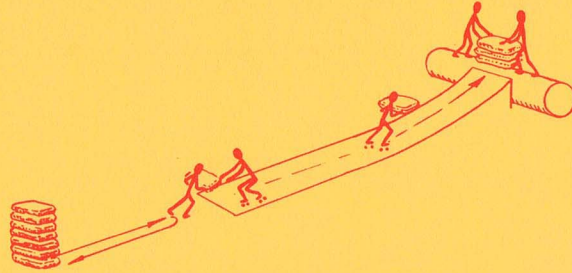
2 teams/1 heat 1 male

One man standing on a podium takes cushions from a pile, to stack them on a palette, using a long handled lifting shovel for transferring them.

The winning team will be the one with most cushions stacked on the palette within time limit.

Game 7

Stack-dem-sacks

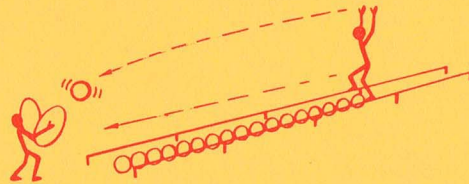


3 teams/1 heat 3 males, 2 females

One girl takes sacks up to 2 men on roller skates, who then carry them up the track to pass them to a man and a girl from their team standing on an air tube on which they build the highest stack of sacks possible. The winning team will be the one with the highest stack of sacks built within time limit.

Marathon 2

Cymbalists



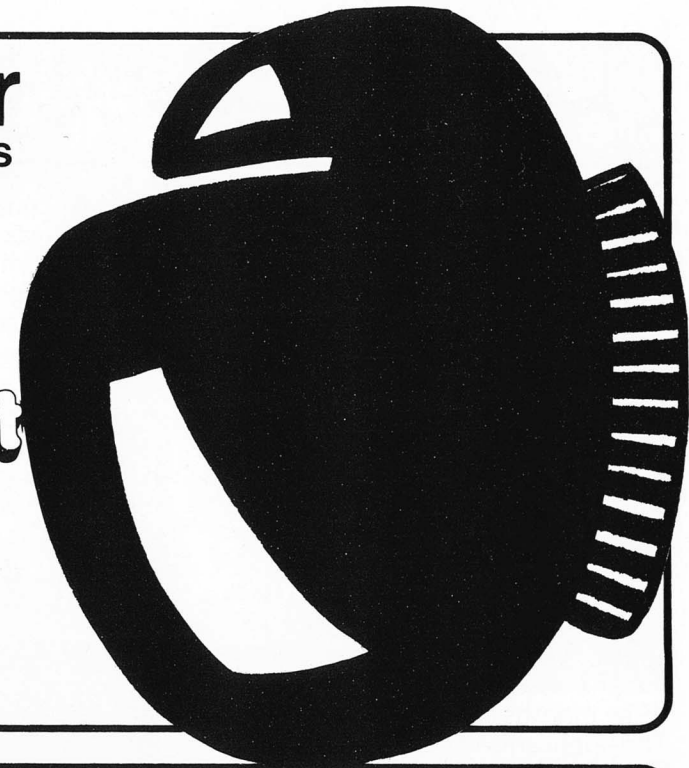
3 teams/3 heats 1 male, 1 female

One girl armed with a pair of cymbals has to catch and burst a number of balloons thrown to her by a man from her team walking along two poles (as used in Marathon 1) between which the balloons are placed. The winning team will be the one to burst most balloons correctly within time limit.

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The Lee Valley Park Team

The Lee Valley Park team in today's contest, which has been picked from users of the Lee Valley Regional Park's sporting and leisure facilities in London, Essex and Hertfordshire, has been trained to peak condition at Picketts Lock Centre in Edmonton, Britain's biggest leisure complex.

And only last weekend, team members travelled to the Army's gruelling assault course at Aldershot to be put through their paces on fitness equipment designed for commandos.

More than 200 people who use the Lee Valley Regional Park's facilities originally applied to be in the team, and the best thirty-five were picked three months ago to train as a squad. The applicants came from all walks of life, and occupations varied from a policeman and a butcher to a social worker and a female bricklayer.

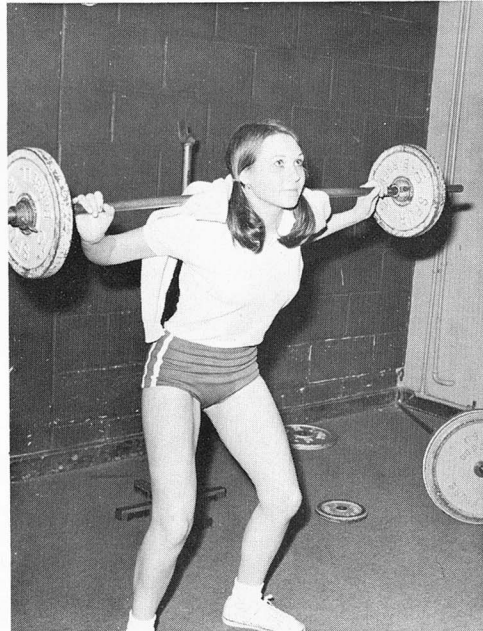
The Lee Valley Regional Park's sports and leisure centres are being established along 23 miles of the valley of the River Lee, from Ware in Hertfordshire to Bromley-by-Bow in East London. Attractions include riding, cycling, sailing, entertainment, and cruiser and chalet holidays.

The Park is under the control of a unique organisation, the Lee Valley Regional Park Authority, which was set up by Parliament nine years ago to do the job.

Picketts Lock Centre in Edmonton, where the Lee Valley Park team was picked and trained, was the Authority's first major development and opened in 1973. It provides dozens of different recreational activities for all age groups, including a very wide range of sports.

A two-court sports hall, seven-rink indoor bowls hall, all-weather outdoor pitches, a fully-equipped gymnasium, 25-metre indoor rifle range, eight squash courts and a nine hole, par 32 golf course are among its facilities.

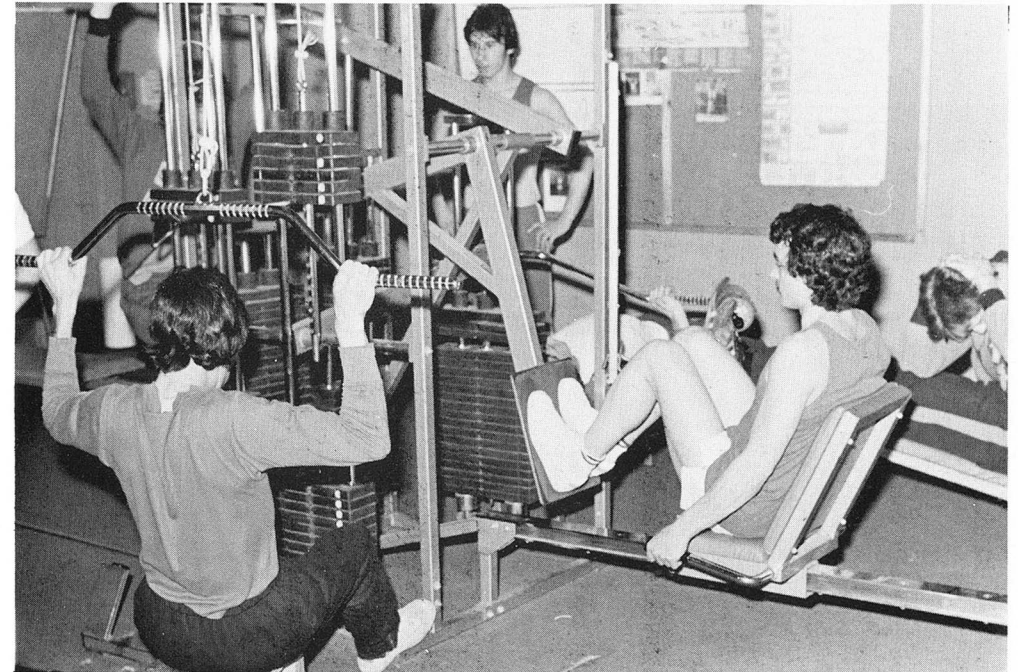
The Lee Valley Park team which competes today has used Picketts Lock Centre extensively for training in a programme which has included no less than fifty hours of organised coaching.



20 year old Jill Rawlings from Lee Valley gets down to some hard training. All the girls in the team have been practising with the toughest pieces of equipment alongside the men.



The Lee Valley Park Squad, from which today's team was picked.



Members of the Lee Valley team limber up on the Multi-Gym in the Fitness room at the Picketts Lock Centre.

The Thurrock Team

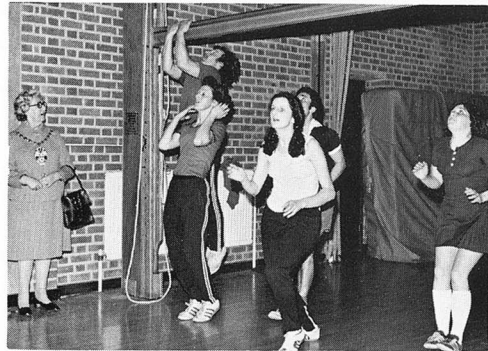
More than 300 people responded to the news that Thurrock had been selected to take part in It's A Knockout . . . and set the selectors a mammoth task in picking those to come to Harlow.

Mr. Terry Lax, the Council's Swimming Pools Manager, and star rugby player for Thurrock RUFC, took charge of a "Mini-Olympics" at Grays, from which the squad of 25 was chosen.

Said Terry: "We were not looking for top athletes but for those with all-round ability at games. We devised a series of tests; balancing, ability to throw and catch and other necessary aptitudes.

"But basically we set out to enjoy ourselves and if we should be lucky enough to win — so much the better"

The detailed training came under the experienced eye of Jack Benton an Essex County Coach. The programme was to cover the requirements needed of strength, suppleness and stamina. David Chawner, of the Thurrock Sports Council, has also been helping



The Mayor of Thurrock, Councillor Mrs. Elsie Whalley, visits the squad during one of the weekly training sessions.

to train the team together with fellow athlete Ron Bold.

All members of the team live in the Thurrock area which has Grays as the administrative centre. Better known is the port of Tilbury which is one of the largest handlers of freight in Britain.

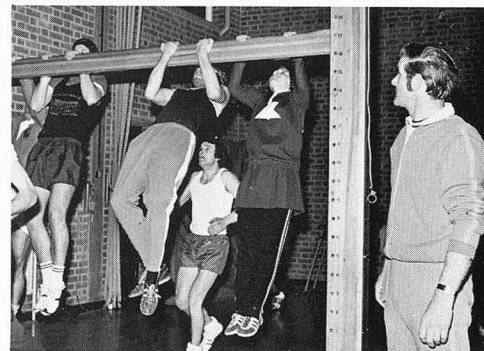
Although the riverside has a heavy concentration of industry there is much countryside within the 64 square miles of the Borough.

The village of Fobbing where Wat Tyler led the Peasants Revolt in 1381 retains its centuries-old charm.

Another centre of population is Aveley, which accounts for the Borough's "twinning" with a mine-warfare vessel of the same name which has timed its visit so that the crew can be here today.

The Captain, Lt.B. Ashton is sending a team of cheer-leaders who immediately volunteered.

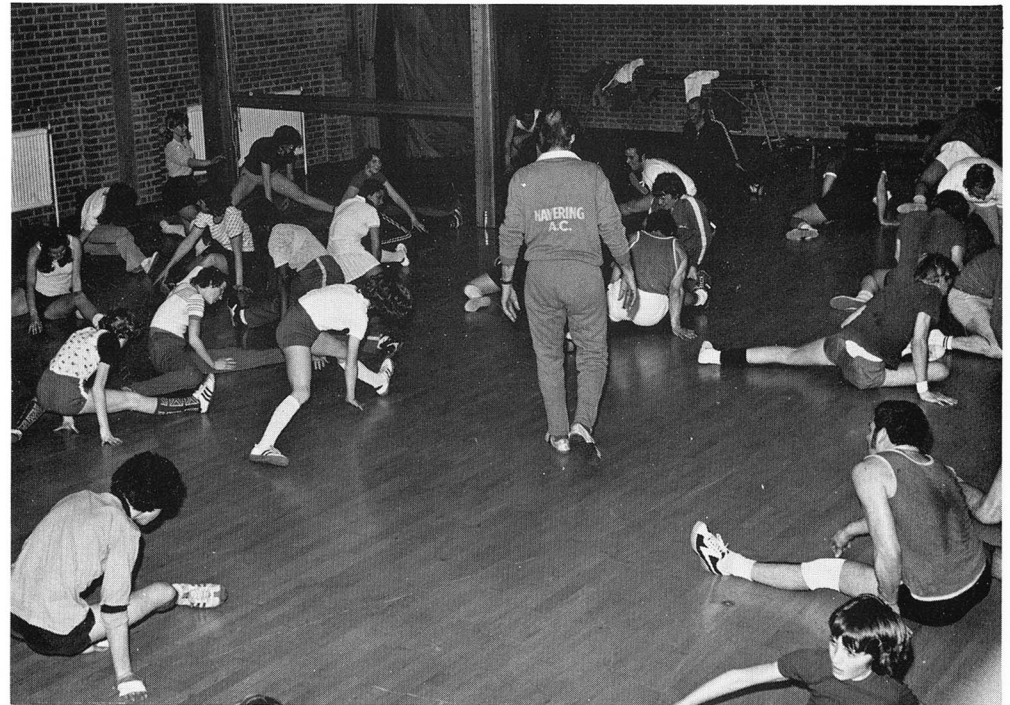
Other places in Thurrock from which today's squad live are: Stanford-le-Hope, Corringham, Chadwell St. Mary and Horndon-on-the-Hill.



Essex County coach, Jack Benton, puts the team through a 25 minutes continuous workout.



The Thurrock It's a Knockout team are in high spirits as the Mayor, Councillor Mrs. E. A. Whalley assists Terry Lax, the team's Captain, over his first hurdle when training started.



There were a few gasps for breaths as the Thurrock squad underwent ground work exercises.

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